

FOLLOWING IS A GENERAL DESCRIPTION OF THE TERRAIN BETWEEN THE REFRESHMENT STATIONS. RELAY TEAMS PLEASE NOTE THERE ARE NO RULES. THE TRANSFER STATIONS ARE SUGGESTIONS ONLY.

SUGGESTED TRANSFER STATIONS FOR RELAY TEAMS

Rider #1	Section 1	20 km
Rider #2	Section 2 & 3	16.5 km
Rider #3	Section 4 & 5	26.5 km
Rider #4	Section 6	12 km

SECTION 1 – 20 KM **CARIBOO**
MEMORIAL COMPLEX TO HORSEFLY JUNCTION The first stage of the tour is the longest unless you are combining sections for a relay. After a pleasant, scenic ride along the lake, riders get a chance to increase their feeling of accomplishment and perhaps gain a preview of what is ahead when they encounter a 1.3 km steady hill at Sugar Cane. Relatively flat, however riders should realize that it is a long slow climb to the turnoff to Horsefly/Likely.

SECTION 2 – 9.5 KM **JUNCTION**
TO MOUNTAIN HOUSE ROAD

After the turnoff to Likely, the rider is rewarded with a gently rolling stretch of road that is generally flat with most pleasant scenery of hay fields and contented cows. You will be greeted by friendly faces at the refreshment base. For your convenience, a porta potty is awaiting.

SECTION 3 - 7 KM **MOUNTAIN**
HOUSE TO SKULLOW LAKE

Could be a bit of a challenge but the rewards are here. After a generally pleasant and not too daunting uphill grade after leaving your gracious hosts at the Mountain House rest stop, the rider is confronted with good and bad news. The good news is that there is a steep hill to coast into Deep Creek. The bad news is

that there is a 1.3 km steep climb out of this little valley at the top of which is a little longer but gentler hill that finally flattens out. On the right, pull off to Skullov Lake, you will meet your refreshment base attendant, who will lavish you with encouraging words and promises of better times ahead!

SECTION 4 - 14 KM

SKULLOW LAKE TO BIG LAKE STORE

We

kid you not. Although this is the second longest stretch, it is said to be the easiest. It is marked by a gentle uphill hill closer to flat and then the brave rider is treated to a long downhill coast to the Big Lake Store where lunch awaits as well as another porta potty. Here you will be amply nourished both with food and praise for your outstanding effort in order to pump you up for the next section. You are over halfway!

SECTION 5 – 12.5 KM

LAKE STORE TO BEAVER VALLEY

BIG

A long flat

stretch followed by undulating hills to the top of Beaver Valley. If you enjoyed the downhill to Big Lake, you will be in ecstasy over the coast to the bottom of Beaver Valley. Whooping and hollering is allowed! At the bottom of the valley and past the bridge, you will find the last refreshment base and porta potty. More encouragement will be forthcoming. Indeed, tears might fall as you are informed about the final stage.

SECTION 6 - 12 KM

VALLEY TO GAVIN LK GRAVEL

BEAVER

This is it - the

Biggy! Or, what comes down has to come up. And up it is. You are now at the base of the dreaded Wine Jug. But you can do it! After a challenging 4.8 km climb that tests the fortitude of it all, you turn right onto Gavin Lake Rd.

SECTION 7 7KM

GAVIN LAKEGRAVEL TO FINISH LINE

For those of you who are taking this tour as a personal challenge all is not over. A 7 km dirt road will test your patience, but it is undulating and the general direction is down hill, although at times you wonder. At last, you see it! The turn off to Gavin Lake Forestry camp. You have made it! You have done it! You have tested yourself and have won! You are absolutely wonderful and you have had an experience you will never forget! And you have the satisfaction of knowing that not only did you do this for yourself, you have done it for a most noble cause!